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The Scottish Trail Running guidebook contains 70 tried and tested paths and tracks covering the whole of Scotland, including the islands. The guide takes runners on a journey of discovery that starts in suburbia and crosses every kind of runnable terrain to reach remote glens and far-flung islands.

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Discover off-road running guide Keri Wallace's favourite routes in the UK's trail running paradise. Runners are spoilt for choice when it comes to remote trails in Scotland.

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### **Home - Trail Running Scotland**

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### **Cordee - Scottish Trail Running - 2nd Edition 70 Great ...**

5 great winter trail running routes in Scotland The Glasgow author of an updated edition of the popular Scottish Trail Running guide has revealed some of her favourite winter off-road routes. Susie Allison, who is a keen runner, has picked five great trail circuits from the 70 that are detailed in the newly published book.

### **5 great winter trail running routes in Scotland ...**

Simply Health Great Family Run CANCELLED, Glasgow. Junior Great Scottish Run CANCELLED, Glasgow. Bank of Scotland Great Scottish Run CANCELLED, Glasgow. Baxters Loch Ness Marathon CANCELLED, Fort Augustus. Tunnel Trail Run, 20km, 10km and 4km CANCELLED, Tweed Valley. Stirling Scottish Marathon CANCELLED. Race For Life CANCELLED, Edinburgh

### **Scotland Running Events Calendar 2020**

- Wild Running: Britain's 200 Greatest Trail Runs, by Jen and Sim Benson, is published by Wild Things (£16.99). Guardian readers buying online at wilddriving.net get a 20% discount and free P ...

### **Six of the best wild trail runs in the UK | Travel | The ...**

South West Trail Running: 70 Great Runs - Mark Rainsley; | Foyles Bookstore. This book is about running for fun in beautiful places. Each route has been selected for its inspirational landscapes and runnable terrain. The range of routes is deliberately diverse - these runs follow rivers and coastlines, go up hills and along ridges, weave through leafy woodlands, cross barren moors and heathland.

### **South West Trail Running: 70 Great Runs - Mark Rainsley ...**

FoxTrail Winter Running Series. East Lothian. Jan 18, 2015. 20k off-road race as part of a new series of four running events throughout the winter. Devilla Forest 15. Fife. Every February. A 15km trail race that starts and finishes within the grounds of the Scottish Police College at Tulliallan, Kincardine.

### **Great trail running races (Scotland and England north ...**

Running in Aberdeen. The best places to run are the Esplanade path, Aberdeenshire Coastal Path, along the River Don, the River Dee, and the Formartine and Buchan Way. Great parks and forests include Hazlehead Park, Kincorth Hill, and Kirkhill Forest.

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